

Attitudes and Eligibility of Long-Acting Cabotegravir/Rilpivirine Treatment Among Youth Living with HIV in Thailand: A Cross-Sectional Study from clinical and national cohort

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Background





- Current standard HIV treatments is once-daily pills.
- Adherence remains a key challenges for many youth living with HIV (YLHIV)¹.



Every 2 months \$800* (for 2 months)

- Long-acting cabotegravir/rilpivirine (LA-CAB/RPV), approved for treatment in youth aged at least 12 years³.
- Intramuscularly injection every 2 months.
- It still not available through National AIDS Treatment Program (NAP).

- Existing data on the attitudes toward LA-CAB/RPV showed varied response across different socio-economic context^{1,2}.
- Prior first line recommended treatment in Thailand might also cause cross-resistance.





To assess the **proportion** of Thai youth living with HIV who were medically eligible and their attitudes towards long acting cabotegravir/rilpivirine.



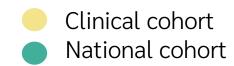


Methods

cross-sectional study among YLHIV across 2 cohorts

	Clinical cohort	National cohort
Populations	YLHIV, aged 13-24 years at "Buddy CU clinic" at KCMH in 2024	14,670 YLHIV, aged 12-24 years, in the National AIDS Program as of August 2024.
Outcomes and tools	 Attitudes towards LA-CAB/RPV After watching 2 minutes explanatory video 5-points Likert's scale and semi-structured open-ended questionnaires¹⁻⁴ Willingness to use LA-CAB/RPV: Yes or No 	
	Proportion of YLHIV who eligible Eligibility criteria ⁵ • Current virological suppression (HIV RNA VL < 50 copies/ml) • No history of virological failure (HIV RNA VL > 1,000 copies/ml) • No potential archived resistance either to CAB or RPV	Proportion of YLHIV who eligible Eligibility criteria ⁵ • Current virological suppression Youths who experienced treatment failure while taking NNRTI-based and switched their treatment were considered to have resistance to RPV

Methods - Statistical analysis



- Sample size of the clinical cohort (N=100), anticipated willingness to use and eligibility proportion about 50% with 95% CI, the margin of error 10%.
- Participants attitudes: 5 points Likert's scale were dichotomized into agree(4-5) and disagree(1-3).
- Characteristics of youths with PHIV and non-PHIV were compared using chi-square test.
- Factors associated with their willingness to use and medical eligibility were analyzed via logistic regression.
 - Factors with p < 0.1 in univariate analysis were further explored in multivariate logistic regression analysis, with p < 0.05 set as the threshold for statistical significance.
 - Statistical analysis was performed by using Stata version 18.